

# All Saints Anglican Church

CBS, NL

## Children's Activity

Palm Sunday

April 5, 2020

Today is **Palm Sunday**, and Palm Sunday marks the beginning of Holy Week, which is the week leading up to Easter Sunday. Holy Week begins with Jesus' triumphant entry into Jerusalem, and ends with Jesus rising from the dead on Easter Sunday.

On Palm Sunday we celebrate Jesus' arrival in Jerusalem. Jesus rode into Jerusalem on a young donkey. People were very excited and lined the streets, cheering and singing and waving palm branches in their hands. Some people even laid their coats on the ground to make it easier for the little donkey to walk along.

Usually on Palm Sunday when we go to Church we receive crosses made from real palm branches. Due to the COVID-19 pandemic we cannot be together in our Church building, however, we can make our own palm crosses at home out of construction paper, to celebrate Jesus arriving in Jerusalem.

### How to Make a Palm Cross:

You will need scissors and construction paper.

- Cut a strip from the long side of the paper, approximately ½" wide
- Holding the strip lengthwise, bend the right end straight up at the centre to form a right angle
- Fold this same right end down over the back and back up over the front again
- Fold the left end over the centre towards the right on the front (there will be a square at the back)
- Pull the left end through the square on the back all the way through
- Turn the shape until it looks like the letter "L"
- Fold the top piece down towards the back, and pull it through the square on the back, leaving about half in a loop at the top
- Pull the right piece through the square on the front, leaving about half in a loop on the right
- Tuck the end of the piece you pulled through into the square on the back

**Enjoy your construction paper palm cross!**

